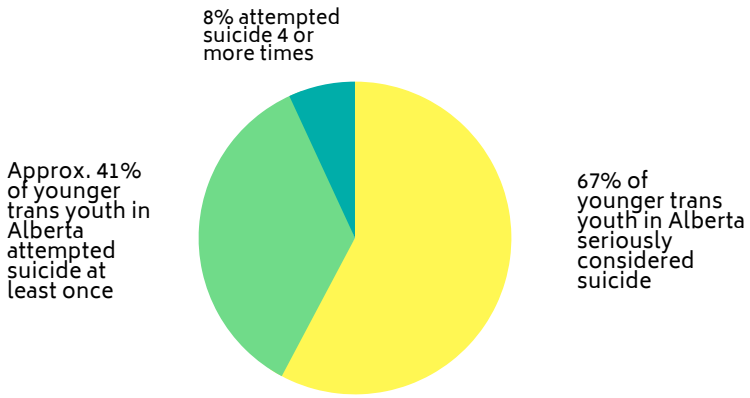
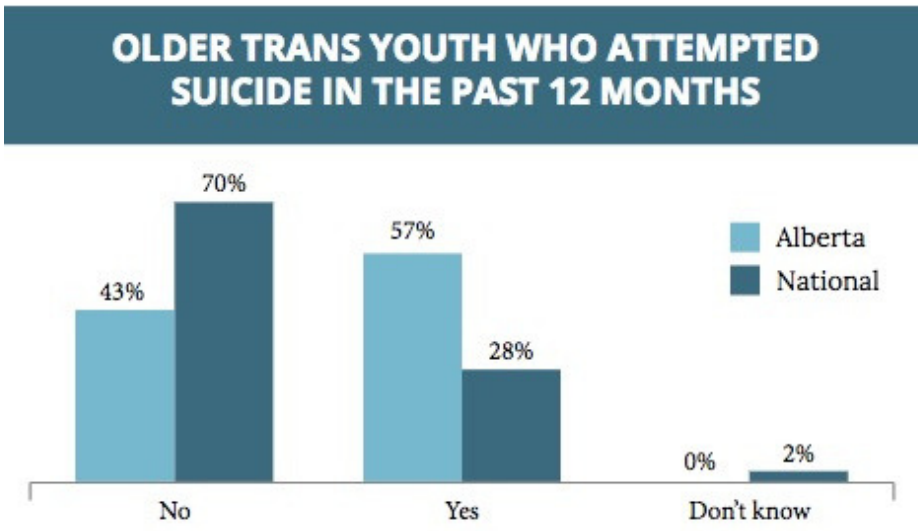
LGBTQ2SA+ YOUTH & SUICIDE

LGBTQ2SA+ YOUTH are especially vulnerable to abuse, assault, harassment, discrimination, and mental health challenges. **Research shows that rates of suicidal ideation and behaviours are disproportionately high among LGBTQ2SA+ youth.**

5X MORE LIKELY to consider suicide
7X MORE LIKELY to attempt suicide
COMPARED TO THEIR HETEROSEXUAL PEERS

Suicide Prevention Resource Center. (2008)





Wells, K., et al. (2017). Being Safe, Being Me in Alberta: Results of the Canadian Trans Youth Health Survey.

RESOURCES

www.skippingstone.ca

www.kepaterson.com

@queercalgary

LGBTQ Youth Line: 1-800-268-9688 or www.youthline.ca Free peer support for LGBTQ youth 26 and under

Camp fYrefly

WHY ARE LGBTQ2SA+ YOUTH AT A HIGHER RISK?

- DISCRIMINATION
- LACK OF SOCIETAL ACCEPTANCE
- SYSTEMIC OPPRESSION
- STIGMA
- BARRIERS TO HEALTHCARE

WHAT CAN WE DO TO HELP?

- Educate yourself, your family, school, business, place of work, or organization on LGBTQ2SA+ Issues
- Be an ally and advocate for LGBTQ2SA+ policies in schools and government
- Challenge your perceptions & understandings of gender & sexuality
- Create safe spaces for youth & know how to respond when they disclose mental health challenges

WE NEED A

CULTURE SHIFT

#QUEERCALGARY